

# FHM

**WIN**  
A \$10,500 S  
AUSSIE MIL  
POKER C

December 2009 AU\$8.75 NZ\$9.70 (inc GST) [FHM.COM.AU](http://FHM.COM.AU)

## SEXY FUNNY FEISTY... NATALIE

**MS BASSINGTHWAIGHTE  
STEAMS UP OUR LENSES**

**5 TOP  
DATING PICKUP  
TIPS FROM  
ALEX NOVA**

**WE TRY TO STEAL  
BACK THE ASHES!**

**HOW TO DRINK  
LIKE A MAN\***

PP255003/05536

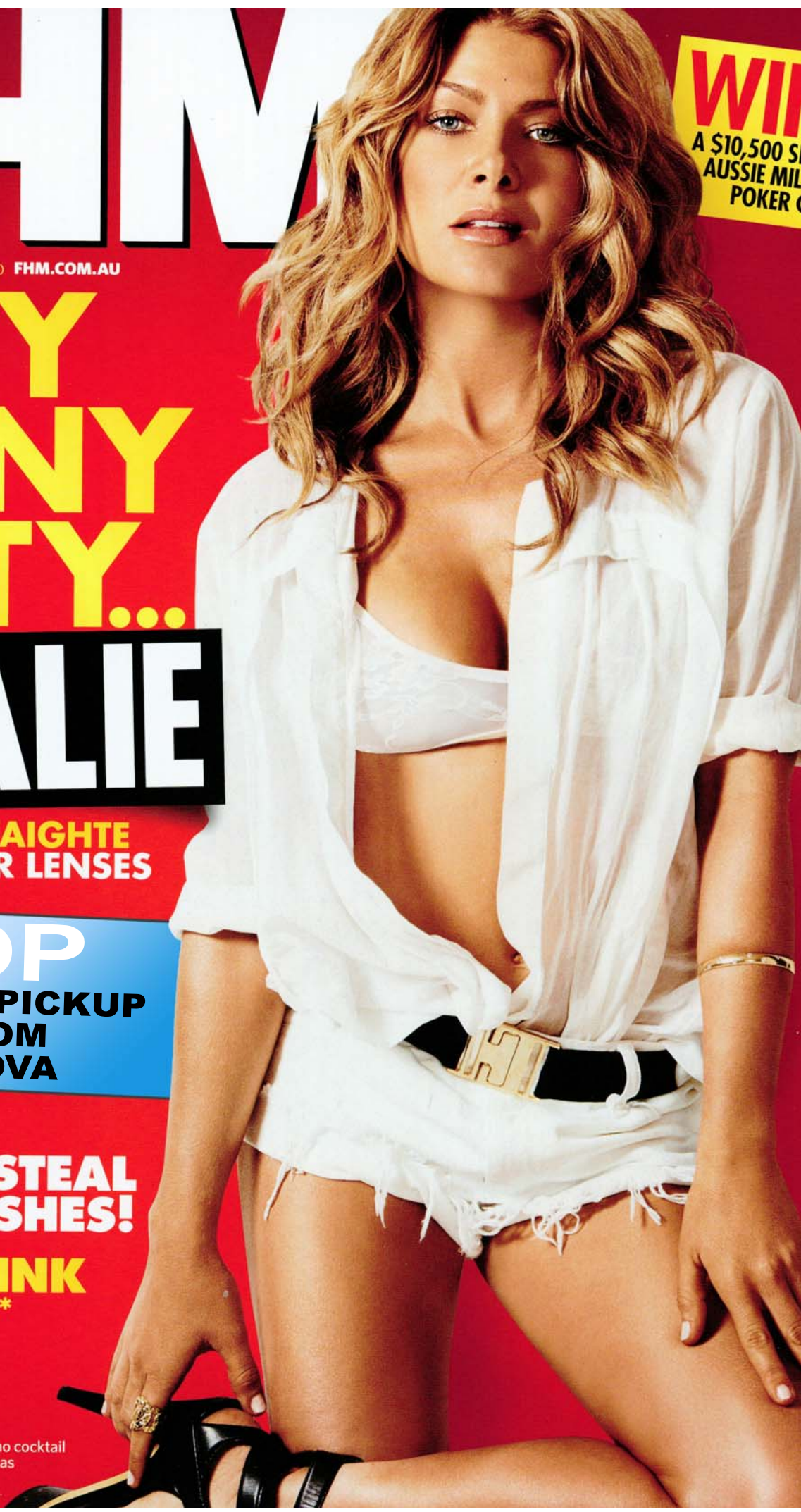
12



9 131279 610007 08

acp magazines

\* Step 1: no cocktail umbrellas



# Life coach

Where experts answer your questions about life, the universe and everything

Here to help!  
Have a dilemma?  
Request an expert answer at  
FHM.com.au/  
contact-us.html



**PICK-UP ARTISTRY**  
Alex Nova, dating coach

[www.ATTRACTWOMEN.COM.AU](http://www.ATTRACTWOMEN.COM.AU)

## What is the best way to ask out a scorching hot chick without making yourself look like an idiot?

JAMES, VIA EMAIL

Dating Coach and pickup expert Alex Nova (AttractWomen.com.au) has five tips for scoring 10/10s with perfect 10s:

**1** "Every girl is different and may react in various ways. Some are single, others are already taken, while some are simply not interested in dating at the moment due to previously failed relationships.

**2** "Don't refer to us as 'a date'. When you ask women out on dates it makes it so obvious what you are trying to do and women quite often react accordingly. Better to say 'let's hang out' or 'let's get together' instead.



UB40: still makin' hip kids love

**3** "If you want to play it really safe, try something like: 'My friends and I are going to watch this new band play this Thursday night at the Carlton Hotel, you should definitely come along.' It's win-win.

**4** "Also never ask women for things, simply suggest. For

example, 'I'm going to grab a drink after work in the city on Wednesday night, you should join me.'

**5** "One of the critical things to do during the actual hook-up is to visit more than one place. Doing a number of things during a date is much more attractive for a woman."



**MAN-TOYS**  
Brett Gill, Australian Thermic Lance Company



Timmy was stuck in the tank again

## How does a thermic lance work and how do I make one?

BEN, VIA EMAIL

Brett Gill from the Australian Thermic Lance Company says, "It works by using molten iron, fed by a strong stream of oxygen, to melt steel or brick or whatever you want. Pure oxygen gas is passed through a steel pipe packed with metal wires. The tip

of it is then ignited and burns at 4000 to 10,000 degrees. The iron in the steel burns in the oxygen, producing enormous heat and an intense flame. The lance is burnt back into a stub, so every one to four minutes (depending on how big the lance is) the operator shuts off the oxygen, and starts using a new one.

Sounds simple enough, how do you make one? "It's definitely not recommended," Brett laughs. "They have to be made oil-free. Even the slightest trace of oil, because of the huge temperature, and the lance will spontaneously combust. Guys used to put a one inch water pipe inside another pipe, and away they'd go. Not anymore."



**CUPPA** Dr Andrew Stapley, chemical engineer

## Will a cup of tea cool down faster if the milk is poured in before the boiling water or after?

MITCH, VIA EMAIL

Chemical engineer Dr Andrew Stapley says that dribbling a stream of milk into hot water makes "denaturation of milk proteins" more likely. "At high temperatures, milk proteins begin to unfold and link together in clumps. This is what happens in UHT milk and is why it doesn't taste as good as fresh milk," Dr Stapley said. Have the chilled milk waiting at the bottom of the cup, and pour the tea in. This allows the milk to cool the tea, rather than the other way around.



Depp: a shoe-in for the Jackson bio-flick